

# GETTING CREATIVE

Activity 5a

**CULTURE 365 - GETTING CREATIVE SERIES**  
Presented in partnership with Dream Brokers

## Métis Beadwork Design with Phyllis Poitras-Jarrett

### WHAT WE ARE MAKING TODAY

Métis beadwork is a very identifiable artistic expression that has evolved over many years as part of the Métis culture.

The design is based on symmetry – both sides of the design mirror each other in colour and design.

Today, Phyllis Poitras-Jarrett will lead you through the steps to create your own colourful Métis beadwork design.

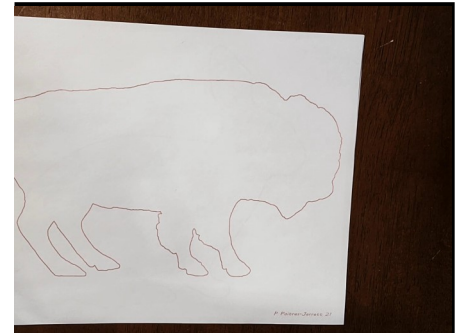
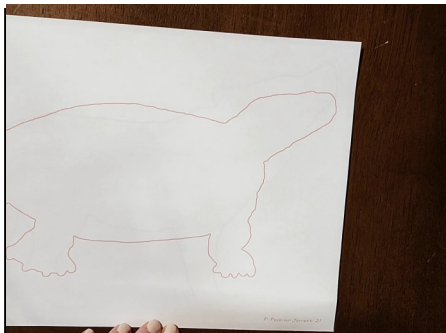


**Supplies Needed:**  
Animal pattern, flower/vines/fruit motifs, brightly coloured markers, scissors and glue

### STEP 1

Choose your spirit animal pattern from the patterns provided.

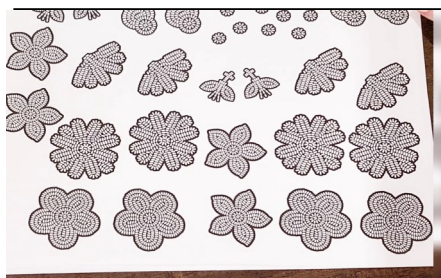
You can fill in the pattern with a colour, or you can keep it white. Leave the tail, beard and hooves white.



### STEP 2

Choose the flowers, leaves, vines and/or fruit patterns you want to use in your design.

Remember to select images that will mirror each other. Move them into a design that appeals to you – you can overlap, put flowers on animals, animals on flowers, etc.



### STEP 3

Select the key colours you want to use from your markers.

Colour the flowers, leaves, vines or fruit patterns you want to use in your design using your colours.

Cut out the images you coloured for use in your design.



**IMPORTANT NOTE:** By attempting this activity, you accept responsibility for your actions and indemnify SaskCulture, Sask Lotteries, contracted artists and/or its partners, officers, directors, employees, contractors, agents, volunteers against all claims, actions, suits, demands, losses, expenses, costs or damages of every kind.



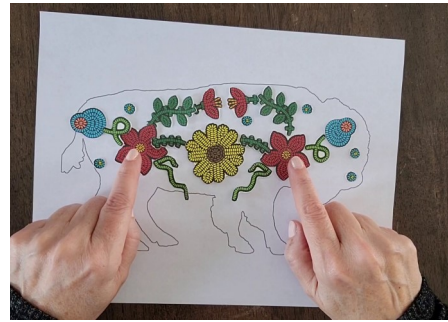
For this and other Getting Creative videos,  
visit [SaskCultureInc YouTube Channel](#) or  
[SaskCulture.ca](#)



## STEP 4

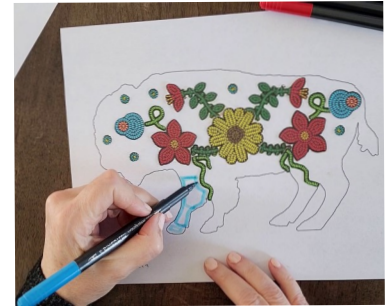
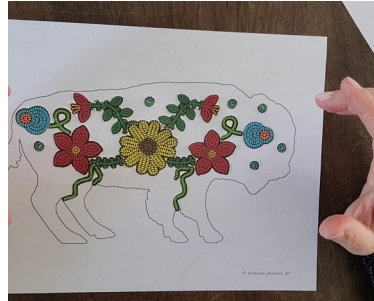
Place your cut out flowers, vines, leaves and/or fruits on your spirit animal images.

Remember to place them in a “symmetrical” or mirrored design.



## STEP 5

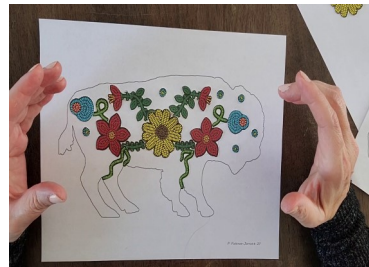
Glue down your flowers, vines, leaves and/or fruits to finalize your design.



## STEP 6

Use you're the coloured markers you used in your flowers to create multi-coloured outlines inside the design of the animal's legs, tail, and beard/snout/nose.

First, use one colour to follow the inside of the design of each leg. The use another colour to follow the same outline inside the first one. Keep adding colours until you cannot fit in anymore.



## STEP 7

Use one of your marker colours to highlight the outline of your spirit animal.

## NEXT STEPS

Take a photo of your completed work and send it to your Dream Broker.

The artist would love to see your work, and SaskCulture would love to add it to a showcase of student expression.

If you have any questions about these projects, please contact your Dream Broker. Ask about trying another Getting Creative Project.

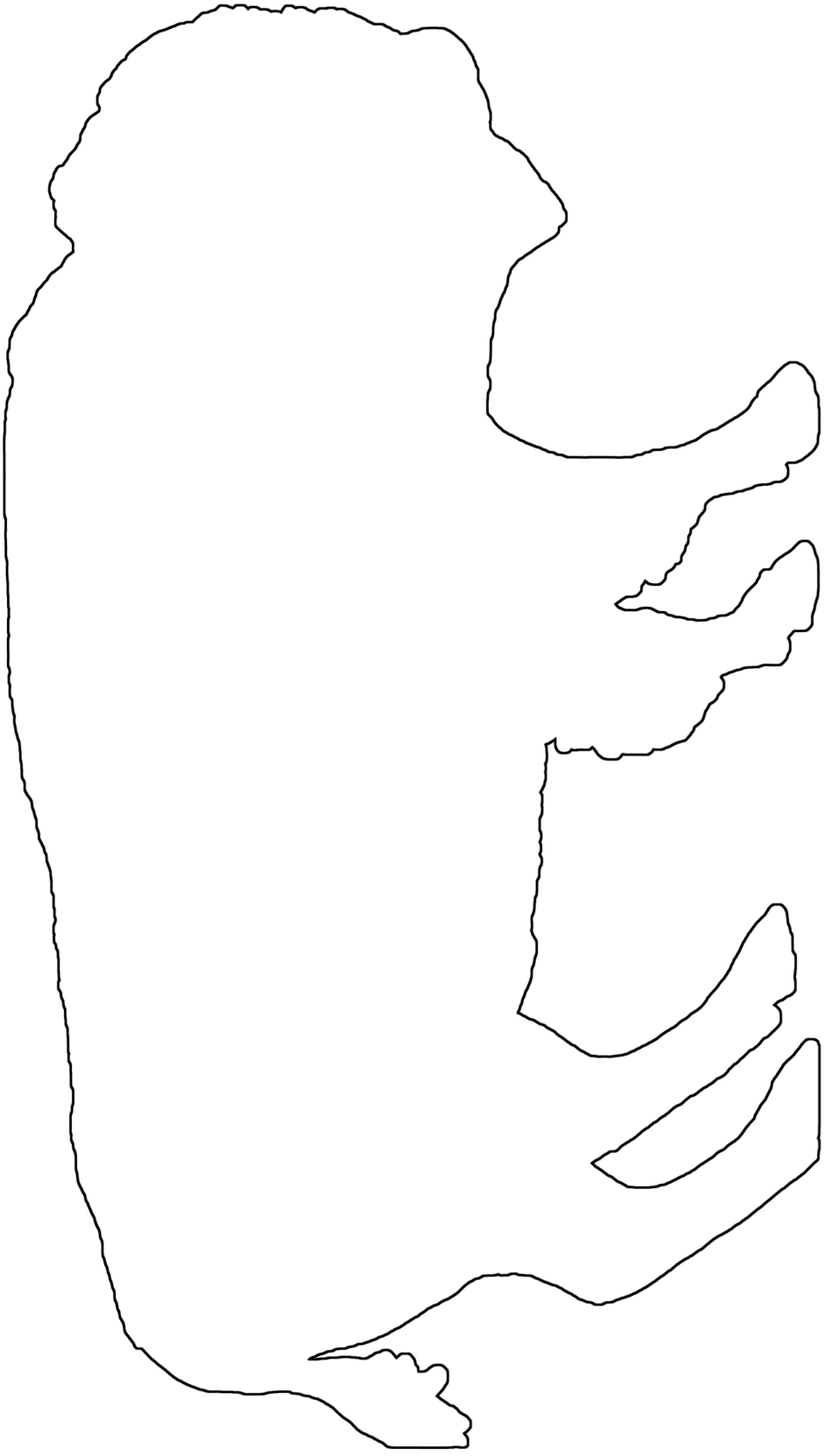
## ABOUT THE ARTIST

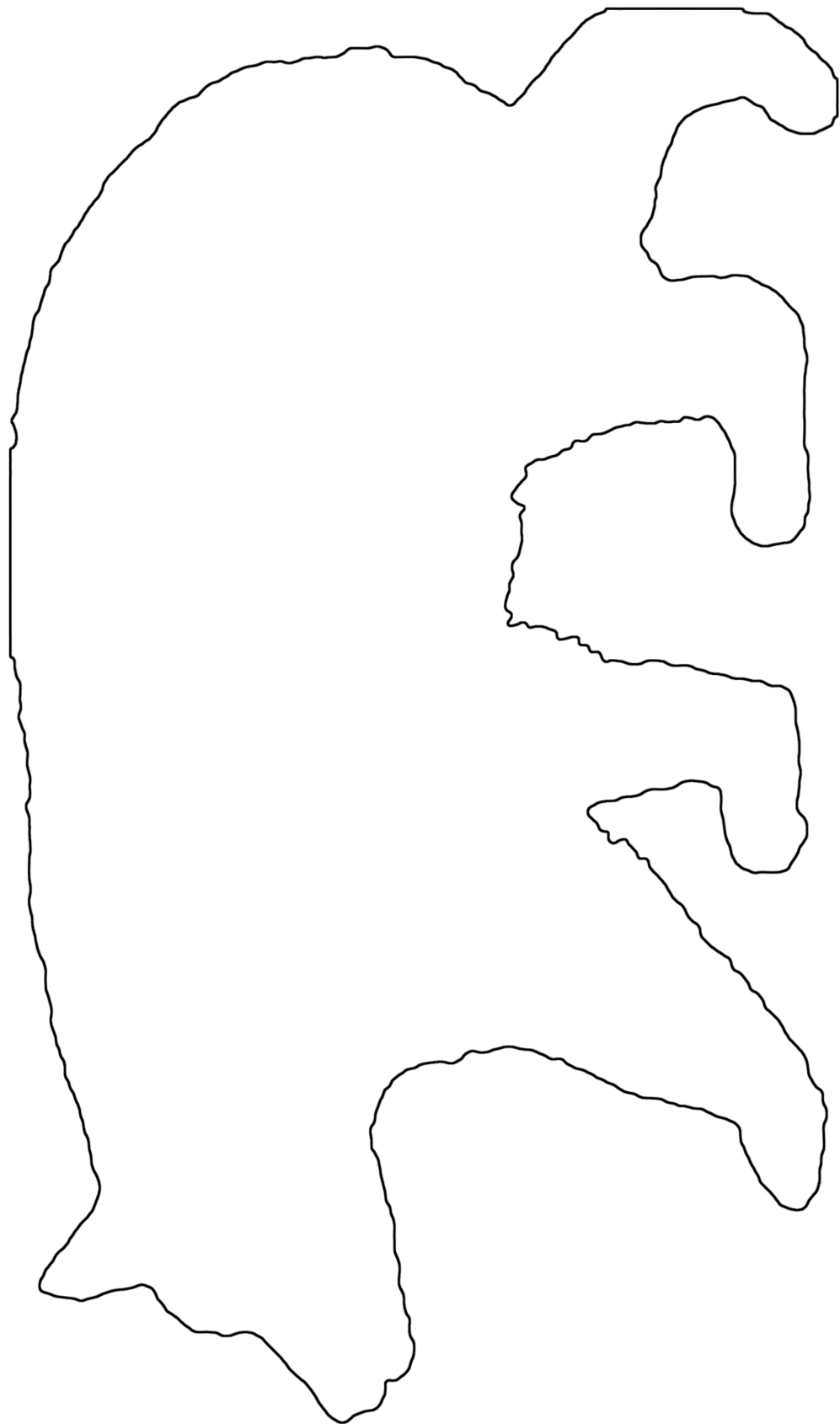
Phyllis Poitras-Jarrett is a Métis artist from Saskatchewan whose art honours the animals and plants that helped sustain the Métis and the other Indigenous peoples throughout history. A self-taught artist, Poitras-Jarrett is presently focused on mixed media acrylic paintings and textured Métis beadwork. Inspired by her kokum's creativity and determination, she has continued to connect her culture with her art. She has received support from SK Arts in the last few years for her work on spirit animals, as well as from Canada Council for the Arts, to create a short animated video. Visit [www.metisspiritart.ca](http://www.metisspiritart.ca) to find out more.

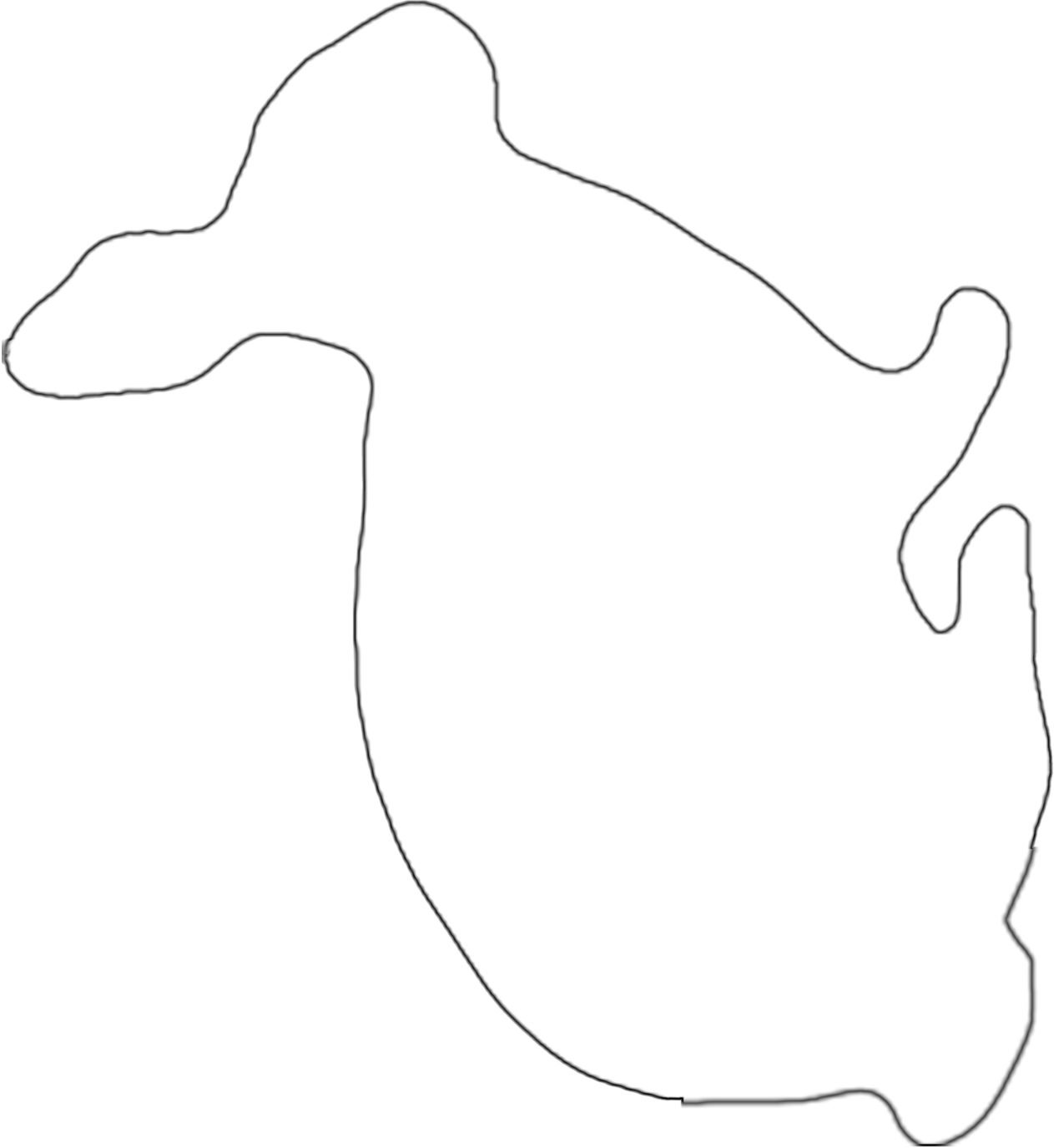


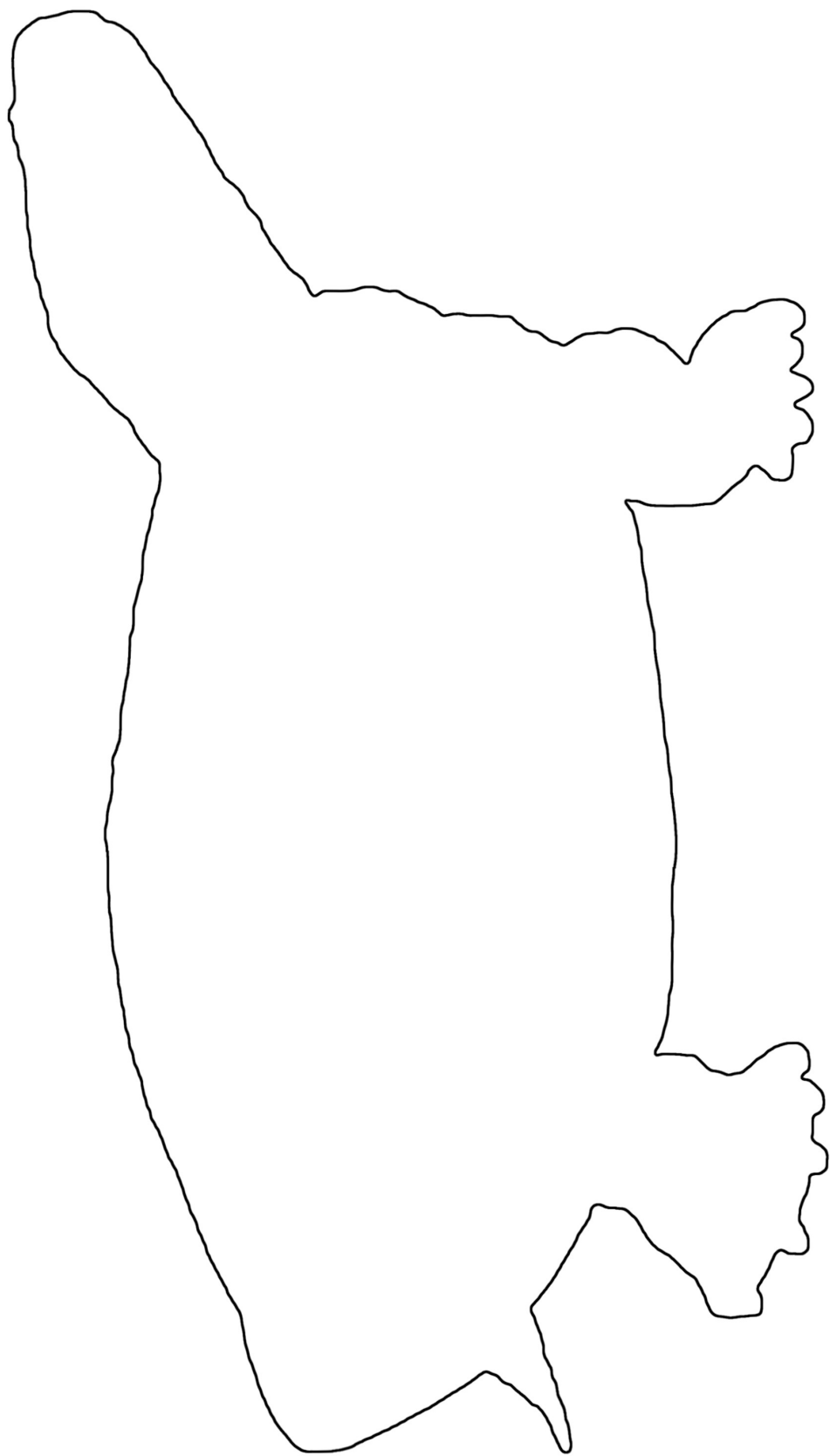
SaskCulture's work and support reaches lands covered by Treaties 2, 4, 5, 6, 8 and 10, the traditional lands of the Cree, Dakota, Dene, Lakota, Nakota and Saulteaux peoples, as well as the homeland of the Métis.

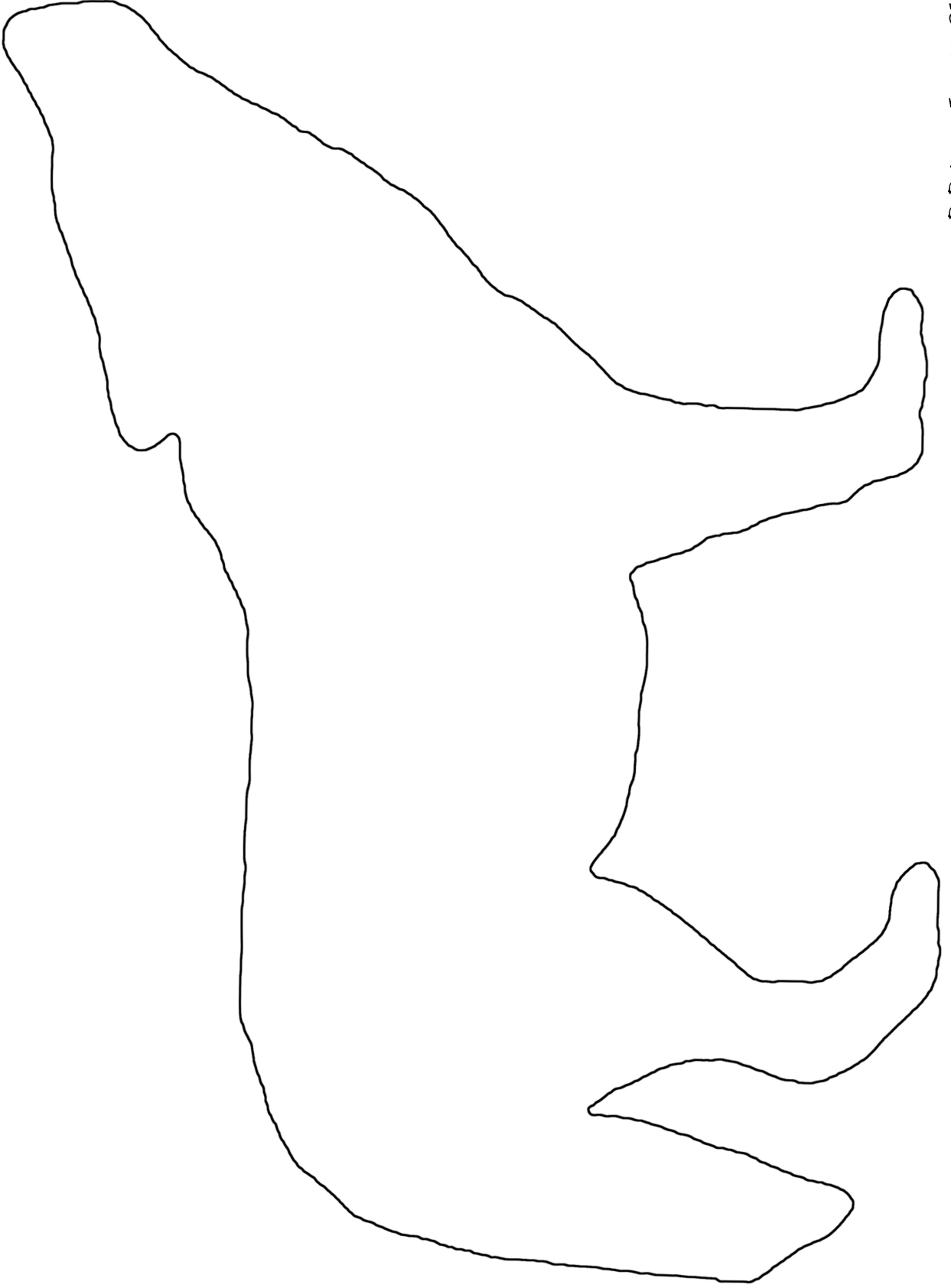


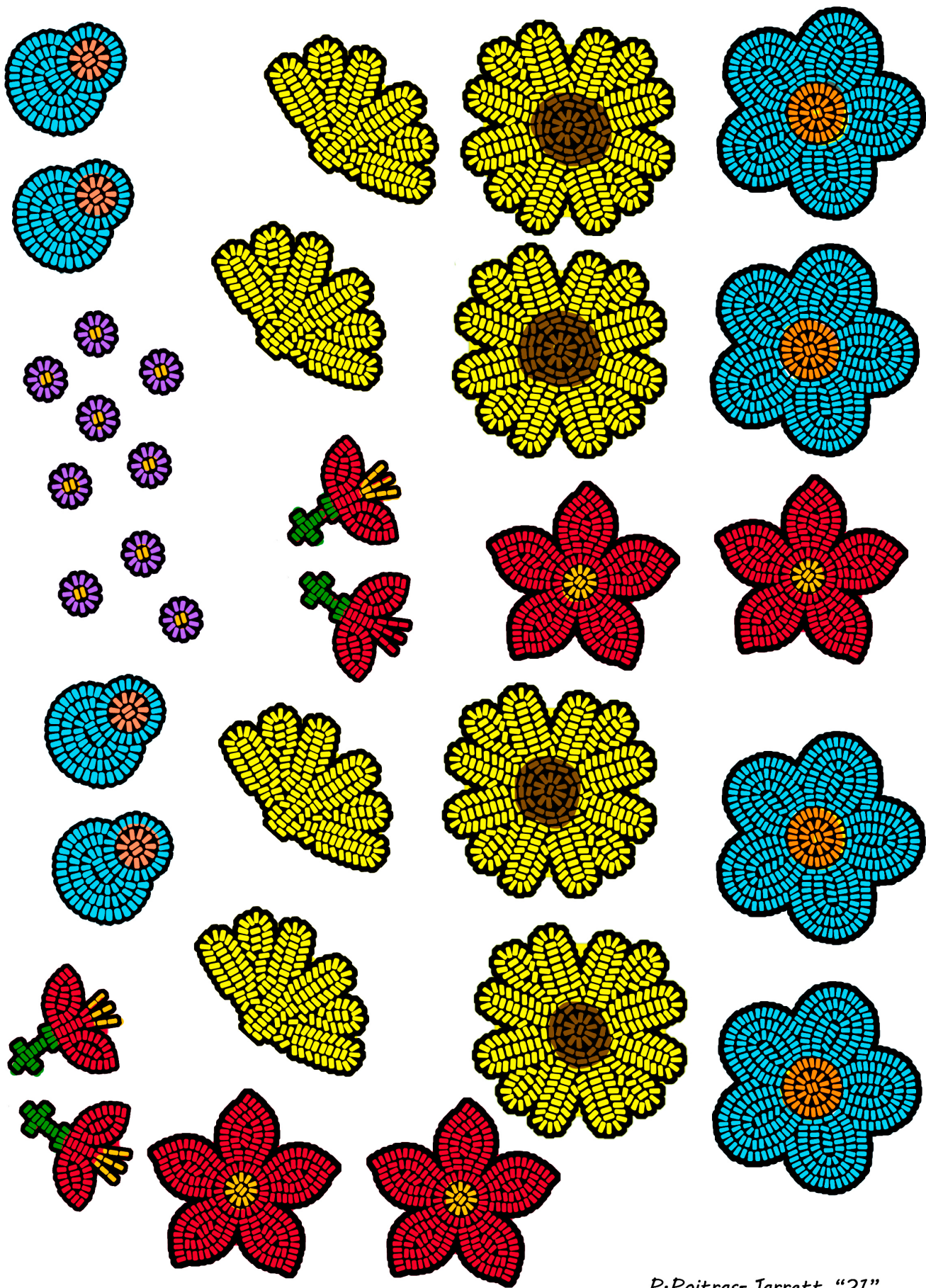




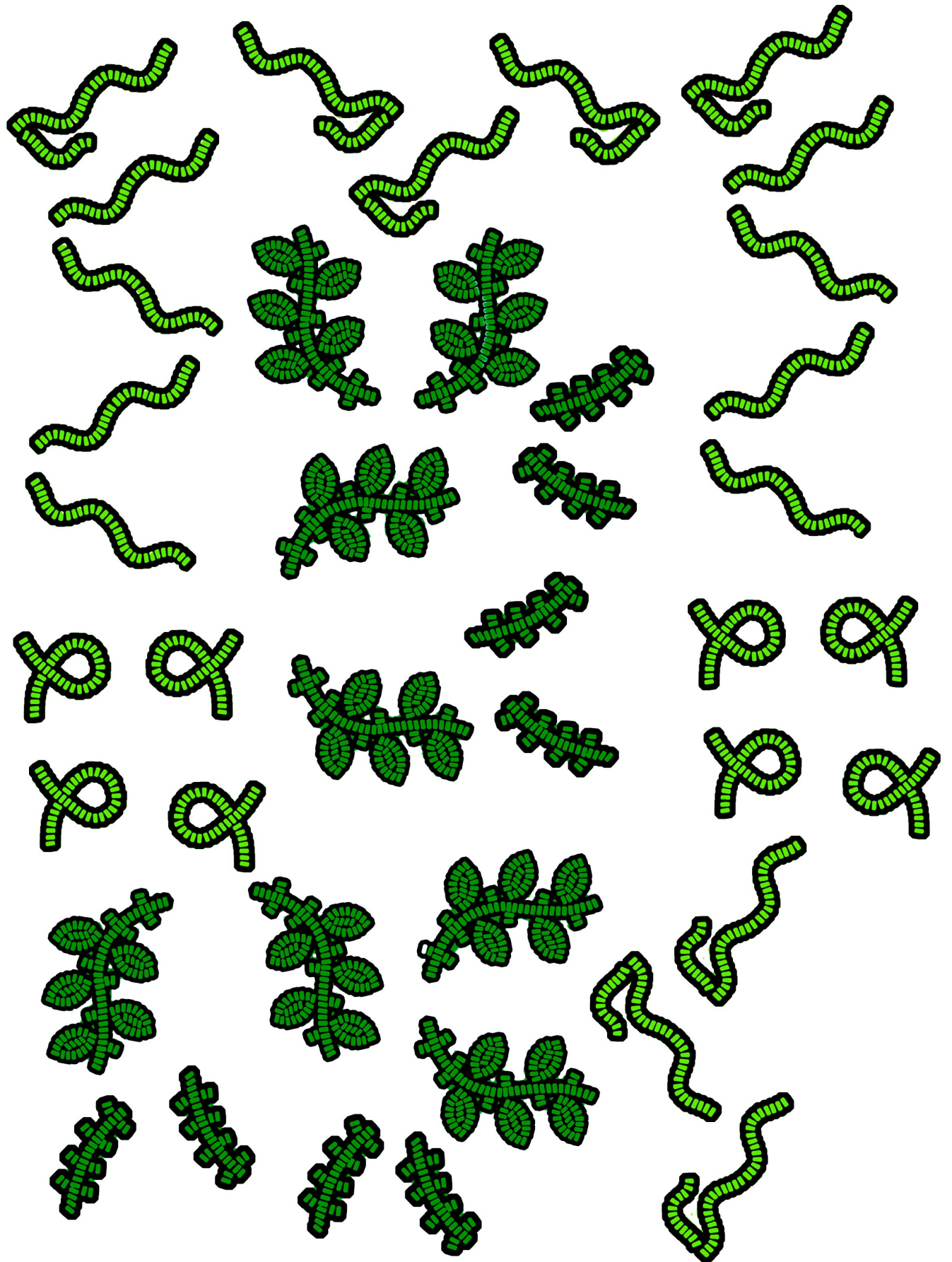


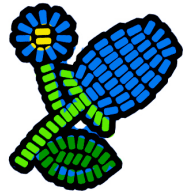
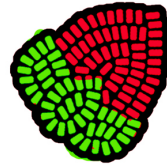
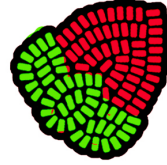
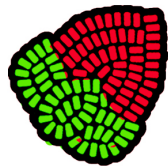
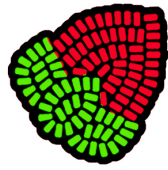
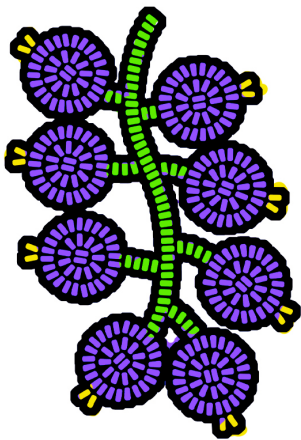
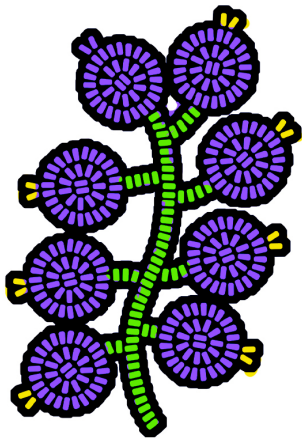
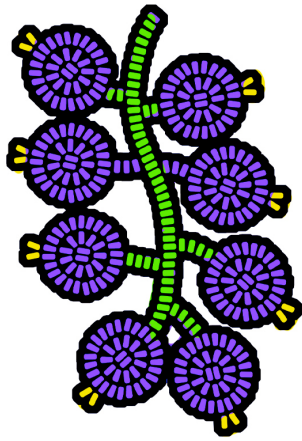
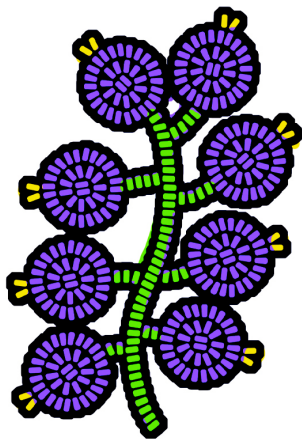


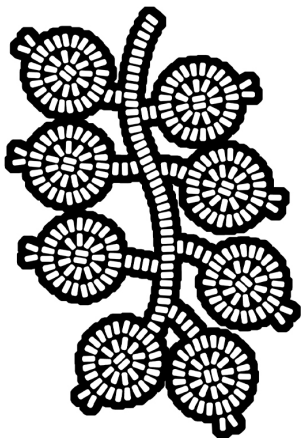
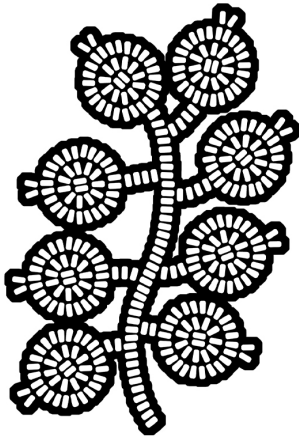
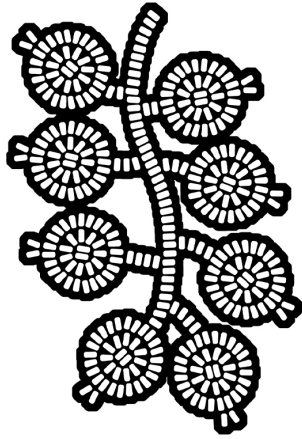
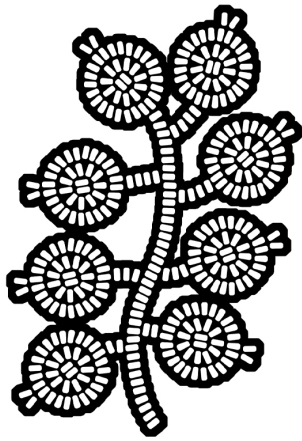


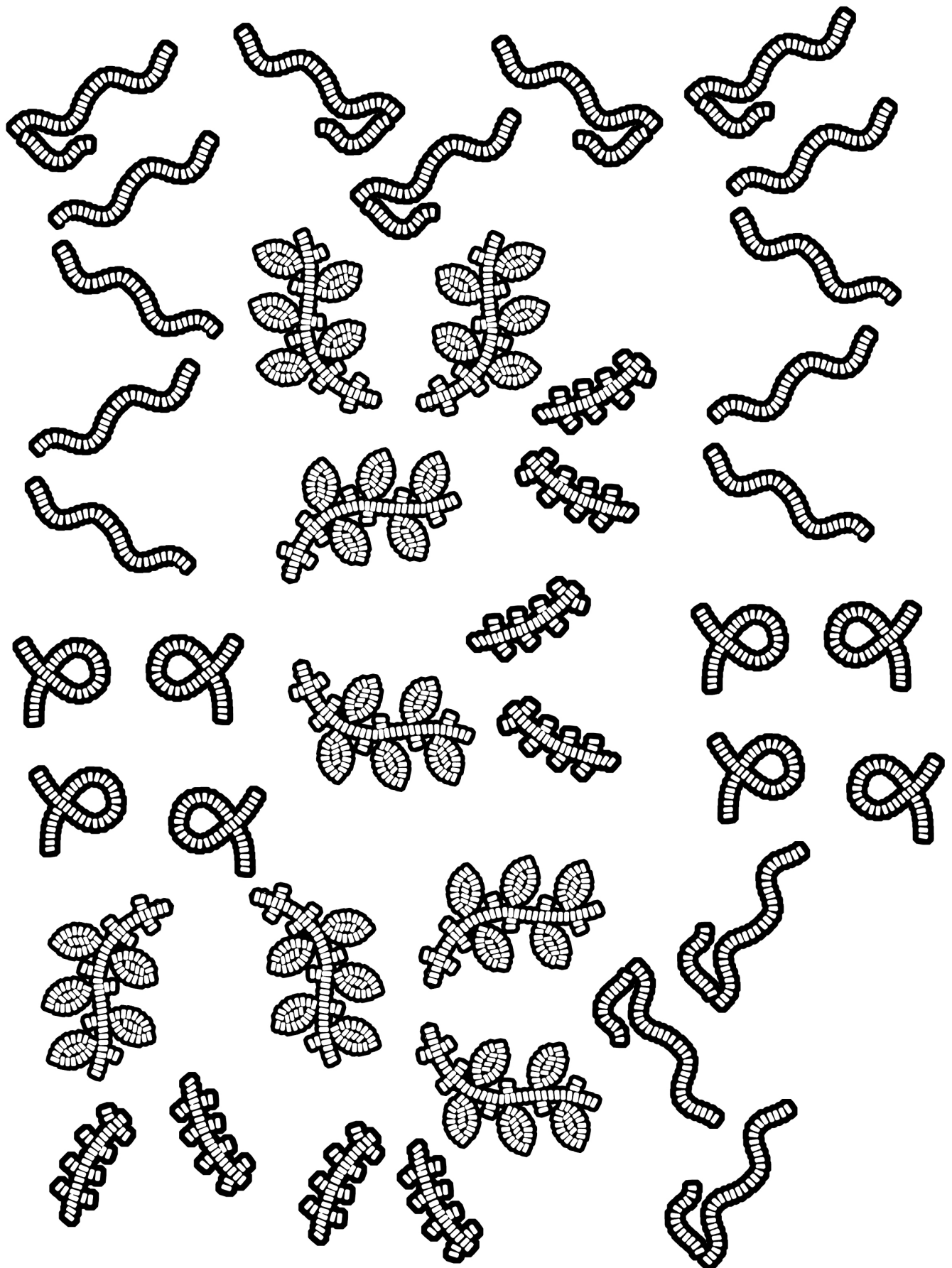


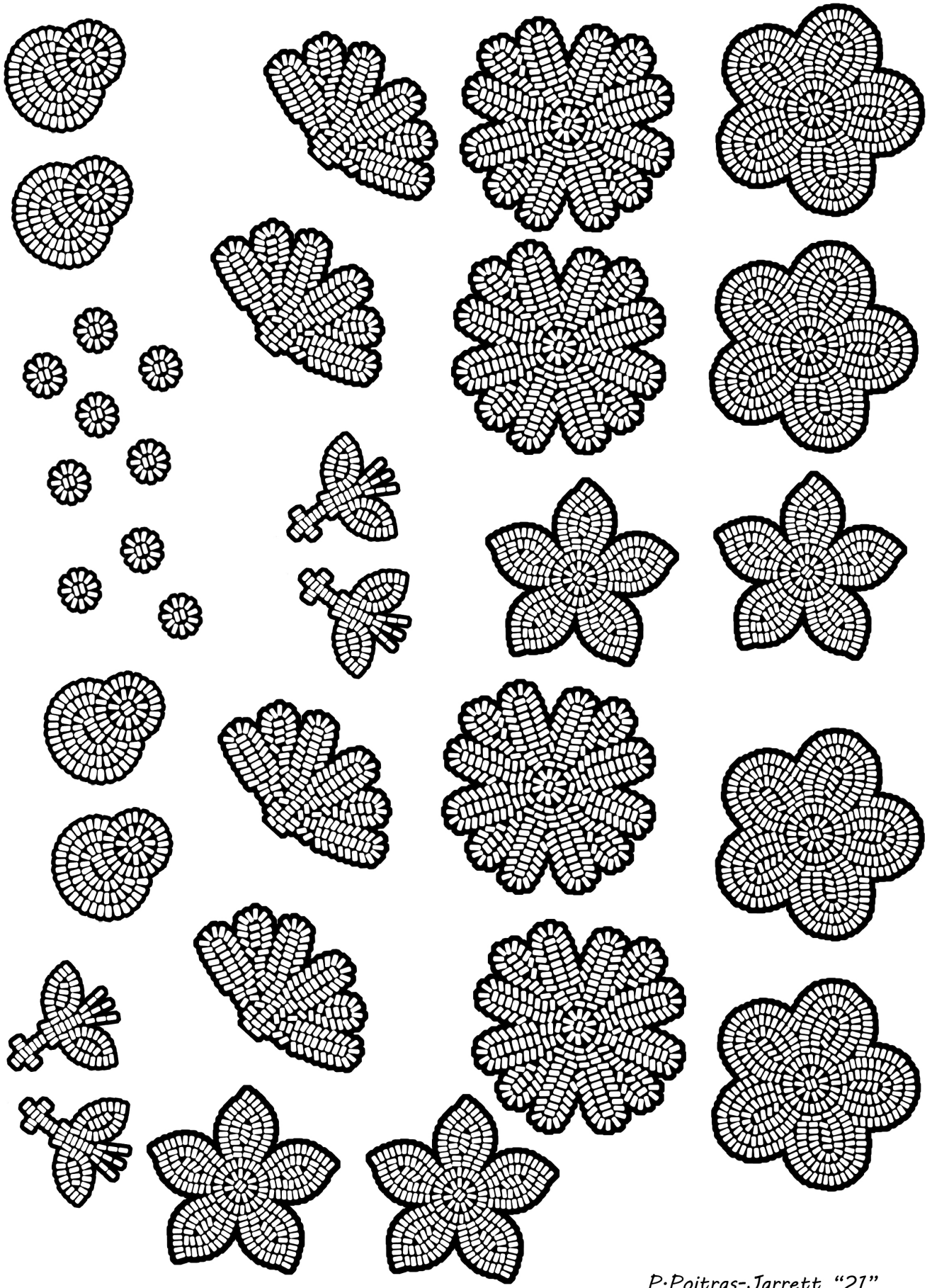












*Colour the beadwork design using matching colours.*

